Health & Wellness

Goal: Community members are healthy and safe.

Together, we want to ensure that:

- Residents have access to comprehensive and coordinated preventive services and quality health care.
- Residents are connected to resources that meet their health, nutritional and safety needs.

Our Investment Approach

The Community Foundation's grantmaking will focus on activities that are directly tied to increasing opportunity for low-wealth residents. We will approach our grant-making decisions through a priority of requirements that include:

- Access and equity for all residents
- High quality strengths-based programming
- Policy and advocacy support
- Collaboration with public, private, and other nonprofit partners.

We support local nonprofit organizations in providing effective programming and operations, advocacy and systems change, and capacity building. Our partners help ensure regional health and wellness through the following strategies and activities listed on this page.

Access to Primary Health Care

Strategies
- Operating safety net clinics
- Facilitating use of a medical home
- Offering medical-related home visitation
- Offering wraparound services to maintain health
- Providing mental health services, particularly for children/youth
- Maternal healthcare

Measurements
- Immunization rates
- # and % of people using medical homes
- Average progress on therapy goals
- # and % of clients discharged to lower level of care
- # of ER visits
- Costs to the community

Basic Physical Health

Strategies
- Facilitating access to food & nutrition
- Promoting regular physical activity

Measurements
- Average # of daily active minutes
- Measures of diet & activity changes
- Costs to SNAP beneficiaries whose buying power is improved at local farmers markets & community gardens
- Nutritional stability among food-insecure adults & families

Targeted Interventions

Strategies
- Offering trauma-informed care
- Emerging practices to address health disparities
- Improving and sustaining the quality of life for older adults

Measurements
- # of trauma-informed interventions
- # and % of patients who were enabled to avoid institutional care
- % of senior adults remaining in their homes & communities

*The measures above are examples only; this list is not intended to be all-inclusive.

Note: The Community Foundation funds Health & Wellness initiatives collaboratively with the Jenkins Foundation. The Jenkins Foundation's priorities can be found on their website at www.jenkinsfoundation-va.org.