A healthy Richmond region is one where all residents have access to comprehensive preventive services and quality health care, and where people are connected to resources that meet their nutritional and safety needs. The Community Foundation for a greater Richmond and the Jenkins Foundation maintain a shared interest in the health and wellness of our region with a simple goal in mind — to ensure that Central Virginia residents are safe and healthy.

With deep investment in nonprofits and programs tied to increasing opportunity for low-wealth residents, we aim for the impact of our work to reflect a more efficient health care delivery system and a safer, healthier and more productive community.
Health & Philanthropy

Health philanthropy ranks among the top categories of charitable giving in the United States and at the Community Foundation year after year. Together with our donors and foundation partners, we support a range of health needs from primary care, mental health services and educational outreach at the local level to specialized care and medical research at the national level.

Total Health Investments, 2017-2019
$85,261,935

By Source

- Affiliates: 1%
- Community Impact Grants: 2%
- Donor Directed: 17%
- Supporting Foundations: 80%

The Jenkins Foundation is committed to improving the health of Greater Richmond by strategically addressing equitable access to primary and mental health care and the treatment of substance use disorders.

By Location

- Greater Richmond: 28%
- Other Virginia: 1%
- Out of State: 71%

The Commonwealth Foundation for Cancer Research was created by Bill and Alice Goodwin to support leading research institutions in moving potential treatments for cancer from the laboratory to human trials.

By Type

- General Health: 14%
- Mental Health: 4%
- Disease & Disorder: 2%
- Hospital Foundations: 9%
- Medical Research: 71%
Social Determinants

A person's health outcomes are directly affected by the conditions in which they live and the resources and supports they can access. The strategically selected focus areas of the Community Foundation and the Jenkins Foundation work together to cover the range of social determinants of health.

Health care accounts for only 10-20% of a person's health outcomes—the other social determinants of health account for the rest.¹

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**Food Access**

132,000 servings

of produce distributed across 15 weekly market locations in low-income communities from Shalom Farms’ Grown to Go Mobile Market

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**Housing & Environment**

6,686 Virginians

benefited from 2,852 home repairs in Central Virginia performed by project:HOMES

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**Million**

23.2 million meals

distributed to people in need across Central Virginia from Feed More

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**In 50 Years**

638 families

will have achieved housing stability through the 75 homes currently held by Maggie Walker Community Land Trust

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¹ Numbers taken from most recently reported fiscal year
Primary Care

The Community Foundation and the Jenkins Foundation coordinate efforts to reduce health disparities and increase access to quality primary care. Our combined investments support multiple approaches from early interventions to diagnosis and treatment of acute and chronic conditions, to advocacy and systems change. Together, we strive to improve outcomes, lower costs and advance health equity for all.

**Medicaid Expansion**

375,000
Virginians were newly enrolled under the 2019 Medicaid expansion

**CrossOver Healthcare Ministry**

15%
As one of our region’s first safety net clinics to accept Medicaid after the expansion, CrossOver now sees 15% of their clients using Medicaid

**Collective Impact of Health Safety Net**

Charitable clinics are an important part of the region’s health safety net, providing a variety of health care services to low-income, uninsured and underinsured patients. This is a snapshot of how they support individuals with chronic illnesses.

- CrossOver Healthcare Ministry
- GoochlandCares
- Health Brigade
- Virginia League for Planned Parenthood

- 71% of diabetic patients achieved and/or maintained healthy A1c levels
- 69% of hypertensive patients demonstrated acceptable levels of control
- 71% of patients treated for mental health showed improvement

2016-2018
To further increase equitable access to primary care services, we also invest in organizations and programs that meet residents where they are.

**In Homes**

53,926 hours of in-home care provided to seniors and adults with disabilities with Medicaid insurance by Jewish Family Services

**In Schools**

13,533 screenings performed by Conexus to identify vision issues across Greater Richmond public schools during the school year

**In Neighborhoods**

4,047 referrals from 8 Richmond City Health District Resource Centers, connecting residents in low-income housing communities with health and support services

“Our work is building relationships. We’re not doing a check-up that’s focused on your weight or your height—it’s more of a check-up on your whole life.”

- Sherrell Thompson, Certified Community Health Worker, Richmond Public Health District
Trauma-Informed Care

A program, organization or system that is trauma-informed recognizes the impact of trauma, signs and symptoms, and potential paths for recovery. Providers that are trauma-informed also integrate this knowledge into policies, procedures and practices and seek to actively resist re-traumatization.

Adverse Childhood Experiences (ACEs)

are potentially traumatic childhood events, including abuse, neglect and household dysfunction. ACEs can lead to toxic levels of stress, impacting a child’s development.

People who experienced abuse or neglect as children are 42% more likely to be arrested for crime in adulthood.

1 in 5 children in Virginia have experienced 2 or more ACEs.

Children with 4+ ACEs are more likely to develop:

- Heart Disease
- Cancer
- Mental Illness
- Diabetes

Greater Richmond Trauma-Informed Community Network

Our regional network of public, private, nonprofit, state and local government organizations is convened by Greater Richmond SCAN and works together to create a trauma-informed and resilient community.

Network Growth Since Inception

851 participants engaged in Trauma & Resilience trainings last year
Although trauma can have lifelong effects on health and wellness, researchers believe that building resilience through safe, stable, nurturing relationships and environments can prevent and counteract the effects of childhood adversity.

**Resilience**

We know that relationships are the foundation of resilience. Meaningful connections with other caring individuals are essential to a healthy life. Each opportunity for a new connection is a chance to build resilient individuals and a resilient community.”

- John Richardson-Lauve, Director of Mental Health and Lead Trauma and Resilience Educator with ChildSavers

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**Henrico CASA**

Court Appointed Special Advocates

- 120 volunteers
- 15,500 hours

Henrico CASA advocated for 333 abused and neglected children last year

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**REAL LIFE**

300 PEOPLE

accessed classes and support services with REAL LIFE to help overcome substance use disorder, reentry after incarceration, homelessness and other barriers to thriving

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**Recommended Reading**

Pioneering physician Dr. Nadine Burke Harris reveals how childhood stress leads to lifelong health problems and what we can do to break the cycle.

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**SOURCES**

Photo credits: Cover left to right: Shalom Farms, ChildSavers, p. 2 top: Health Brigade, p. 6 ChildSavers

Data specific to a local organization was sourced from the organization’s grant reports, annual reports or staff members and references the most recently completed program year available. 1 National Academy of Medicine, “Social Determinants of Health 101 for Health Care: Five Plus Five” 2 Dept. of Medical Assistance Services, “New Health Coverage for Adults” 3 America’s Health Rankings, “2019 Health of Women and Children Report” 4 National Institute of Justice, “An Update on the Cycle of Violence” 5 Center for Youth Wellness, “How ACEs Affect Health”
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(804) 330-7400 | www.ccmfoundation.org
3409 Moore Street, Richmond, VA 23230
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The Community Foundation, Inc.